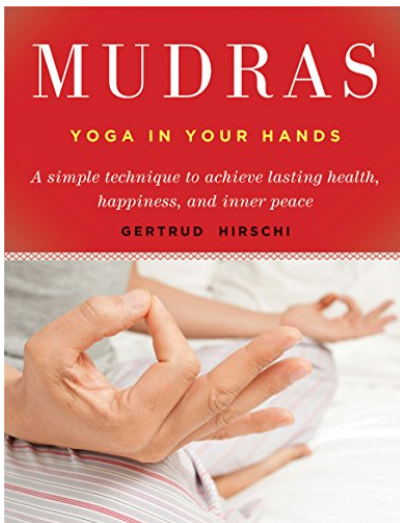


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by Gertrud Hirschi : **Mudras: Yoga in Your Hands**

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